



The SPA at Mais Oui

Come visit the SPA at Mais Oui that has been created for the exclusive use of our guests. By drawing on the rich culture of the island, its natural beauty and resources, and the spirit of its people, we provide a spa experience with a distinctly Jamaican flair. The focus is on the treatment and its benefits. The pleasure is in the personal attention, the skill of the therapist, and the use of the finest ingredients.

MAIS OUI SIGNATURE SPA EXPERIENCES

Each signature spa experience combines a series of treatments to embrace a particular element of Jamaican life, culture, or natural resources.

The Citrus Walk

90 mins

\$140

It's no surprise that the grapefruit, known for its relaxing and anxiety-relieving effects, originated in Jamaica, the Land of No Problem. Missing this treatment is like a day without sunny skies. Begin your experience with a unique citrus foot soak designed to cleanse the feet and soothe the soles followed by a grapefruit scrub and full-body massage.

The Blue Mountain

90 mins

\$150

Like the highest mountain peak in Jamaica, source of the world's most famous coffee ... mellow and soothing ... this treatment is guaranteed to relax you and take you to new heights of relaxation. The familiar nurturing scent of our special coffee reminds you a safe place in your mind. Enjoy this coffee-inspired scrub, wrap and massage. Your final reward ... beautiful, soft skin that is a delight to touch.

Cool Yuh Foot Reflexology

60 mins

\$110

Cool Yuh Foot, Jamaican for "Just chill or Relax," is the perfect description for our Reflexology treatment. Extra care is lavished on your feet as your treatment begins with a relaxing tropical foot soak. An aromatic exfoliating scrub brings soft silky skin to the surface. Be prepared to be relaxed with a splendid, soothing reflexology foot massage which stimulates specific points on the feet.

MASSAGES

Mais Oui Relaxing Swedish Massage

This most popular and deeply relaxing full-body massage is customized to each spa guest. Do you prefer a more gentle massage or do you prefer a firmer touch? Perfect for first-timers.

60 mins

\$90

90 mins

\$130

Mais Oui Deep Tissue Massage

Do you prefer more intense, deeper treatment? Then, this massage is for you. Great after a round of golf or a game of tennis.

60 mins	\$115
90 mins	\$150

Hot Stone Revival

Experience an even higher level of well-being and relaxation as hot stones glide over your body during your full body massage. Tension and stress simply melt and fade away.

60 mins	\$120
90 mins	\$160

Pure Sole Reflexology

Profoundly relaxing and soothing, this ancient foot massage is sure to please.

30 mins	\$45
60 mins	\$80

BODY SCRUBS

Body polishes, body scrubs, salt glows ... exfoliate as they gently polish the skin giving you a healthy glow. Add a massage for a truly soothing experience.

30 mins	\$50
60 mins Scrub-Massage Combo	\$95
90 mins Scrub-Massage Combo	\$130

Coconut Scrub
Citrus Scrub
Blue Mountain Coffee Scrub
Sea-salt scrub

BODY WRAPS

The warmth of the wrap will remind you of a cocoon, so warm and protective, just waiting to open revealing a beautiful, refreshed new you.

60 mins	\$80
90 mins Scrub and Wrap Combo	\$125
120 mins Scrub and Wrap Combo	\$160

Essential Oil Aroma Scents Wrap
Single Bible and Lavender Wrap
Milk and Honey Wrap

YOGA

Yoga Class 1-4 persons	\$70
Additional persons (each)	\$15

**Prices and service offerings are subject to change without notice.
Prices do not include gratuities.**

The Mais Oui Tennis and Spa Villa experience ...
luxury and affordability are no longer mutually exclusive
www.MakeItJamaica.com